

Growth Group Training Topics 2022

Aim: Most of us know from experience that Growth Groups are so important for our Christian growth. But it's very helpful to slow down and reflect on why that is the case, and how we can make our groups even better. So these Training Topics are designed as conversation starters.

How to use: Work out what would be good for your group. If your group meets for 2 hours, you could weave in a 10minute discussion each week for the term. Or, if your group meets for an hour, you could ask some members to do a quick 5minute reflection on 1 topic each few weeks.

Topics:

1. Why is our Growth Group so important?
2. What are healthy growth group expectations? What does the ideal member look like?
3. How can we best build each other up this year?
4. How can we best help each other reach out this year?
5. It has been said that all Christian ministry is about 3 Ps: proclamation (=Bible), prayer and people. What is unique about the 3Ps in a growth group?
6. How can we do prayer better in our Growth Group?
7. What is a good balance of time between Bible and prayer? What is the benefit of doing prayer before or after the study?
8. What are the pros and cons of doing the studies pre-sermon or post-sermon?
9. Should we try to finish at a specific time?
10. How can we help everyone to have a Growth Group?
11. What's the best thing to do when I can't make it to a group?
12. What's the place of weekly reading pairs or prayer triplets outside group time?
13. How can we best encourage fringe members of our group?
14. How do we personally support each other better?
15. What's the place of eating together in our group?
16. What option is best for our group at the moment: online/physical/hybrid?
17. For hybrid groups: How can we better integrate the members who are online (Zoom).
18. The Trellis and the Vine (Marshall/Payne) helpfully says that Christian ministry is about helping people "take a step to the right" – ie grow in maturity in Jesus. How is our group helping each member to develop in:

- o Bible reading
- o Prayer life
- o Personal godliness: (home/church/networks)